

## PILL 5 Assessment Tool

This is a validated questionnaire\* to determine the level of difficulty swallowing pills.  
Please review the questions and circle the response that indicates how frequently these symptoms are experienced.  
Add up each column and write in the totals. Add all the Sub Totals and write in the Total.

<b>Patient Name:</b>	<input type="text"/>	<b>D.O.B</b>	<input type="text"/>
<b>Clinician Name</b>	<input type="text"/>	<b>Date:</b>	<input type="text"/>

	0	1	2	3	4
Pills stick in my throat	0	1	2	3	4
Pills stick in my chest	0	1	2	3	4
I have a fear of swallowing pills	0	1	2	3	4
My problem swallowing pills interferes with my ability to take my medicine	0	1	2	3	4
I can't take my pills without crushing, coating, or using other forms of assistance.	0	1	2	3	4
<b>Sub Totals</b>					
<b>Total</b>					

**6 to 11** Suggests pill swallowing is abnormal. Discuss results with the patients Consultant, Doctor or Pharmacist. Alternative ways to take medication may be required that is easier to swallow.

**> 11** Suggests moderate to severe pill dysphagia. Discuss results with the patients Consultant, Doctor or Pharmacist. An altered formulation of medication may be required that is easier to swallow

\*Reference: Nativ-Zeltzer N, Bayoumi A, Mandin VP, Kaufman M, Seeni I, Kuhn MA and Belafsky PC (2019) Validation of the PILL-5: A 5-Item Patient Reported Outcome Measure.

The Slō Drinks Company provides safer to swallow drinks for those with diagnosed with dysphagia and swallowing difficulties. Pill-Eze has been created to ensure pills and capsules are easy to swallow.

The safest drinks for dysphagia flo slo.

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For an urgent response contact us on WhatsApp 07538 803 175 

Slō Pill-Eze

Pill-Eze is compatible with all the following active ingredients used in medications.

Active ingredients	Concentration	Active ingredients	Concentration	Active ingredients	Concentration	Active ingredients	Concentration
Acetaminophen	50 mg/ml	Dipyridamole	10mg/ ml	Mebeverine HCl	10mg/ ml	Pyrazinamide	100 mg/ml
Acetazolamide	25 mg/ml	Domperidone	5 mg/ml	Melatonin	3 mg/ml	Pyridoxine HCl (Vit. B6)	50 mg/ml
Allopurinol	20 mg/ml	Enalapril Maleate	1 mg/ml	Mercaptopurine	10mg/ ml	Quinidine Sulfate	10mg/ ml
Alprazolam	1 mg/ml	Esomeprazole Magnesium	3 mg/ml	Methadone HCl	10mg/ ml	Rabeprazole	3 mg/ml
Amiodarone HCl	5 mg/ml	Ethambutol 2 HCl	50 mg/ml	Methotrexate	2.5 mg/ml	Ranitidine HCl	14 mg/ml
Amitriptyline HCl	10mg/ ml	Flecainide Acetate (Tablets)	20 mg/ml	Metoprolol Tartrate	10mg/ ml	Riboflavin (Vit. B2)	10mg/ ml
Amlodipine (As besylate)	1 mg/ml	Folic Acid	1 mg/ml	Metronidazole Benzoate	80 mg/ml	Rifampin (rifampicin)	25 mg/ml
Atenolol	1 mg/ml	Furosemide	10mg/ ml	Midazolam (As HCl Injection fluid)	1 mg/ml	Sertraline HCl	10mg/ ml
Atropine Sulfate	0.1 mg/ml	Gabapentin	50 mg/ml	Minocycline HCl	10mg/ ml	Sildenafil Citrate	2.5 mg/ml
Baclofen	2 mg/ml	Glutamine	250 mg/ml	Nadolol	10mg/ ml	Simvastatin	1 mg/ml
Caffeine	10mg/ ml	Glycopyrrolate	0.5 mg/ml	Naltrexone HCl	1 mg/ml	Sotalol HCl (Tablets)	5 mg/ml
Captopril	0.8 mg/ml	Griseofulvin	25 mg/ml	Naproxen	25 mg/ml	Spirolactone	2.0 mg/ml
Carbamazepine	25 mg/ml	Haloperidol	0.5 mg/ml	Nifedipine	4 mg/ml	Spirolactone and Hydrochlorothiazide	5/5 mg/ml
Carvedilol	1 mg/ml	Hydrochlorothiazide	2 mg/ml	Nitrendipine (Tablets)	5 mg/ml	Sulfadiazine	100 mg/ml
Celecoxib (Capsules)	10mg/ ml	Hydrocortisone	1 mg/ml	Nitrofurantoin	2 mg/ml	Sulfasalazine	100 mg/ml
Chloral Hydrate	100 mg/ml	Hydrocortisone Hemisuccinate	2 mg/ml	Omeprazole	2 mg/ml	Tacrolimus (As monohydrate)	0.5 mg/ml
Chloroquine Phosphate	15 mg/ml	Hydrocortisone Sodium Phosphate	2 mg/ml	Ondansetron HCl	0.8 mg/ml	Terbinafine HCl	25 mg/ml
Cholecalciferol (Vit. D3)	50,000 IU/ml	Imipramine HCl	5 mg/ml	Osetamivir (As phosphate, caps)	6 mg/ml	Tetracycline HCl	25 mg/ml
Ciprofloxacin	50 mg/ml	Isoniazid	10mg/ ml	Oxandrolone	3 mg/ml	Thiamine Hci (Vit. B1)	100 mg/ml
Clomipramine HCl	5 mg/ml	Itraconazole	20 mg/ml	Pantoprazole Sodium	3 mg/ml	Tiagabine HCl (Tablets)	1 mg/ml
Clonazepam	0.2 mg/ml	Ketoconazole	20 mg/ml	Paracetamol (Acetaminophen)	50 mg/ml	Topiramate	5 mg/ml
Clonidine HCl	0.1 mg/ml	Ketoprofen	20 mg/ml	Penicillamine	50 mg/ml	Tramadol (Hci)	10mg/ ml
Clopidogrel (as bisulfate tablets)	5 mg/ml	Labetalol HCl (Tablets)	40 mg/ml	Pentoxiphylline	20 mg/ml	Trimethoprim	10mg/ ml
Cloxacillin (capsules)	50 mg/ml	Lamotrigine	1 mg/ml	Phenobarbital	9 mg/ml	Ursodiol (Ursodeoxycholic acid)	20 mg/ml
Cyanocobalamine (Vit. B12)	0.2 mg/ml	Lansoprazole	2 mg/ml	Phenytoin	15 mg/ml	Valsartan	4 mg/ml
Cyclosporin	100 mg/ml	Levodopa and Carbidopa	5/1.25 mg/ml	Prednisolone	5 mg/ml	Vancomycin HCl	25 mg/ml
Dapsone	2 mg/ml	Levofloxacin	50 mg/ml	Prednisolone Sodium Phosphate	1.5 mg/ml	Verapamil HCl	50 mg/ml
Dexamethasone	1 mg/ml	Lisinopril (As dihydrate)	1 mg/ml	Pregabalin	20 mg/ml	Warfarin Sodium (Tablets)	1 mg/ml
Diclofenac Sodium	5 mg/ml	Loperamide HCl	1 mg/ml	Propranolol HCl	0.5 mg/ml	Zonisamide	10mg/ ml
Diltiazem HCl	12 mg/ml	Lorazepam	1 mg/ml	Propylthiouracil	5 mg/ml		

**Ingredients:** Purified Water, modified food starch, natural cherry flavour, sodium citrate, citric acid, sucralose, sodium benzoate(<0.1%), malic acid, smecticon.

**Allergens:** None. **Osmolality:** 50 mOsmol/kg Ph: 4-5