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## Recommendation for Slō Milkshakes+

Patients with dysphagia need thickened drinks that flo slo.

This patient has dysphagia and will benefit from having Slō Milkshakes+. A pre-thickened powdered ONS it contains a thickener which works with milk to make it flo slo and at a specific IDDSI Level.

The IDDSI (International Dysphagia Diet Standardization Initiative) Level identifies a drinks consistency and therefore flow rate. IDDSI 1, slightly thick to IDDSI 3, Moderately Thick. The more severe a patient's swallowing ability the higher the IDDSI Level, the slo'er the drinks will flo.

Reconstituted with whole fresh milk from the fridge, Slō Milkshakes+ taste fresh, are not too sweet and do not have a metallic aftertaste to encourage compliance

Can you therefore write them a prescription for the IDDSI Level recommended as safe for their swallowing ability and for our patients preferred flavours, containing Y. Thank you.

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Patient Name:	<input type="text"/>	DOB:	<input type="text"/>
Requested by:	<input type="text"/>	Date:	<input type="text"/>

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IDDSI Level	Strawberry	Y	Chocolate	Y	Banana	Y
1	4160271	<input type="checkbox"/>	4160289	<input type="checkbox"/>	4176152	<input type="checkbox"/>
2	4007639	<input type="checkbox"/>	4007662	<input type="checkbox"/>	4176145	<input type="checkbox"/>
3	4007647	<input type="checkbox"/>	4007654	<input type="checkbox"/>		

**Presented in packs of 7. £ 1.99 (£13.93)**

**! Slō Milkshakes+ are a pre-thickened and powdered ONS for hydration and nutrition. They are for oral consumption only. They are not to be used as a sole source of nutrition. They are for ages 3+. Use under medical supervision.**

## Slõ Milkshakes+ Vs other ONS

Below is a comparison between prescribing powdered Slõ Milkshakes+ ONS and ready-to-drink thickened ONS. Powdered ONS and other read-to-drink ONS have been excluded for two reasons.

Firstly, claims are made that if used un-thickened they will meet an IDDSI Level 1 or 2 – but that is not guaranteed – potentially inducing aspiration.

Secondly, **gum and starch thickeners will not thicken these products**. The high fat content of the milk in these ONS stops the thickener working. It will not bond to the milk fats contained in them. Your patients will therefore not receive the drinks at their safe and prescribed IDDSI Level putting them at risk of induced aspiration pneumonia malnutrition and re-admission.

Slõ Milkshakes+ therefore contain a thickener formulated to work with milk and clearly labelled with an IDDSI Level. This ensures your patients always receive a drink that matches their prescribed IDDSI Level and is safer to swallow.

ONS Brand					Per serving 200ml	
Name	Unit Cost	Per Box of 4	Per box of 7	Per 28 Days	Protein	kCal
Fresubin IDDSI 1*	N/a					
Fresubin IDDSI 2	£2.46	£9.84	£17.22	£68.88	20	300
Fresubin IDDSI 3	£2.46	£9.84	£17.22	£68.88	20	300
Nutlis Complete IDDSI 3**	£2.32	£9.28	£16.24	<b>£64.96</b>	19	480
<b>per 200ml</b>	<b>£3.71</b>	<b>£14.84</b>	<b>£25.97</b>	<b>£103.88</b>	<b>19</b>	<b>480</b>
<b>Slõ Milkshakes +</b>						
IDDSI 1	£1.99		£13.93	<b>£55.72</b>	24	332
IDDSI 2	£1.99		£13.93	<b>£55.72</b>	24	332
IDDSI 3	£1.99		£13.93	<b>£55.72</b>	24	332

Source: MIMS June 2022.

### Notes

\* Fresubin is not available at IDDSI Level 1

\*\* Nutlis is only available at IDDSI Level 3 and in 125ml bottles. To make the comparison easier, the costs have been increased pro-rata to show a 200ml bottle cost.