



Those with dysphagia need thickened drinks that flo slo.

To help your dysphagia patients enjoy drinking slo we created Slō Milkshakes+ONS. The Slō certifies it safer to drink; the milkshake says it's enjoyable.

Slō Milkshakes+ONS are the 1st pre-thickened **powdered** protein rich ONS presented in a recyclable sachet which are suitable for all degrees dysphagia.

As such they remove the risks associated with trying to thicken ONS with starch and gum thickeners and the need to buy expensive ready-to-drink thickened ONS.

Containing a single dose of a thickener formulated to work with whole milk, they are easy to make. Carers and patients simply mix them with the volume of whole milk we specify to produce a perfectly smooth ONS at IDDSI Level 1, 2 or 3.

Importantly, the volume of milk used to make each flo rate changes. A patient on Level 1 should be able to drink more and so it is made with 300mls. Those on Levels 2 and 3 can cope with 200mls.

If your patient cannot drink their Slō Milkshake+ all at once it does not matter. It can be kept in the fridge and taken throughout the day as its consistency remains stable.

To make sure they taste good they are not too sweet and don't have a minerally aftertaste. We use only natural flavours. Real strawberry, real banana, real cocoa - which have been powdered. Mixing with cold whole milk from the fridge they taste fresh and have a rich creamy texture.

As a result your patients will find it easier to stay hydrated - milk is 87% water and boost their nutritional intake. The + stands for + proteins, + calories and + vitamins & minerals.

To request them on prescription for your patient, the pip codes are shown on each flavour and at the end of this leaflet.

If you want to order a sample first, scan the QR code above or go to www.slodrinks.com click the Clinicians Library button at the top of the page. Now in the Clinicians Library, click the Sample button and complete our encrypted request form.

In 2005 we set out to help professionals working with people with dysphagia meet their care obligations with ease and make life easier for those living with it. This "purpose" drives us and so as we listen and learn about changing needs; over the years ahead you will see the Slō Drinks range expanding with innovative drinks to satisfy them.

At www.slodrinks.com you can see everything we have created so far, what is available for your patients to buy at our Shop and a Blog with news of our developments and others from around the world.

Slō[®] Milkshake⁺

Enjoyable drinks for dysphagia flo slo

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Strawberry Flavour 1 (PIP code: 416-0271)

		Sachet	Reconstituted	
IDDSI 1	Per 100g	Per 50g	IDDSI 1	% EU NRV
Grams/ml	100	50	300ml	
Energy kj	1584.12	792.06	1605.06	
Energy kcal	382.88	191.44	386.44	
Protein	34.2	17.1	27.3	
Carbohydrate	42.46	21.23	35.63	
of which sugars	30.88	15.44	29.84	
Fat, <i>total</i> (g)	6.56	3.28	14.08	
Polyunsaturates (g)	0.0	0.0	0.0	
Monounsaturates (g)	0.0	0.0	0.0	
Saturates	5.65	2.82	9.9	
Fibre (g)	5.57	2.78	2.78	
Salt (g)	0.36	0.18	0.18	
Sodium (mg)	128/ 5.57	64/ 2.78	64.39/ 2.80	
Vitamin A (ug)	270.51	135.25	232	29%
Vitamin D (ug)	5.02	2.51	4.87	97%
Vitamin E (mg)	3.86	1.93	2.17	18%
Vitamin K (ug)	27.05	13.53	13.3	18%
Vitamin C (mg)	17.39	8.69	11.55	14%
Thiamin (mg)	0.46	0.23	0.35	32%
Riboflavin (mg)	0.62	0.31	0.81	58%
Niacin (mg)	6.96	3.48	3.81	24%
Vitamin B6 (mg)	0.62	0.31	0.39	28%
Folic Acid (ug)	77.29	38.64	38	19%
Vitamin B12 (ug)	0	0	1.77	71%
Biotin (ug)	5.8	2.9	2.89	6%
Pantothenic Acid (mg)	1.16	0.58	0.57	10%
Potassium (mg/mmol)	0	0	486/ 12.46	24%
Chloride (mg)	0	0	0	0%
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	360/ 8.98	40%
Phosphorus (mg/mmol)	0	0	291/ 9.40	42%
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	58.5/ 2.41	16%
Iron (mg)	3.86	1.93	1.9	14%
Zinc (mg)	3.86	1.93	3.1	31%
Copper (mg)	0.46	0.23	0.23	23%
Manganese (mg)	0.39	0.19	0.19	10%
Selenium (ug)	19.32	9.66	159.5	290%
Chromium (ug)	9.66	4.83	4.75	12%
Iodine (ug)	0	0	60	40%
Molybdenum (ug)	27.05	13.53	13.3	27%
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), EmulGold™ (Acacia Fibre), Dextrose, British Strawberry Juice Powder (Strawberry Concentrate, Maltodextrin, Gum Acacia), Medium Chain Triglycerides Oil (**Milk**), Natural Flavour, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Pantothenic Acid, Iron, Zinc, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (Carboxymethylcellulose), Natural Colour (Beetroot Red), Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Strawberry Flavour 2 (Pip Code: 400-7639)

		Sachet	Reconstituted	
IDDSI 2	Per 100g	Per 50g	IDDSI 2	% EU NRV
Grams/ml	100	50	200ml	
Energy kj	1586.74	793.37	1335.37	
Energy kcal	383.54	191.77	321.77	
Protein	34.2	17.1	23.9	
Carbohydrate	42.46	21.23	30.83	
of which sugars	30.88	15.44	25.04	
Fat, <i>total</i> (g)	6.56	2.82	10.48	
Polyunsaturates (g)	0.0	0.0	0.0	
Monounsaturates (g)	0.0	0.0	0.0	
Saturates	5.65	2.82	7.54	
Fibre (g)	5.87	2.94	2.94	
Salt (g)	0.36	0.18	0.18	
Sodium (mg)	128/ 5.57	64/ 2.78	64.26/ 2.79	
Vitamin A (ug)	225.24	112.62	178	22%
Vitamin D (ug)	4.18	2.09	3.68	74%
Vitamin E (mg)	3.22	1.61	1.78	15%
Vitamin K (ug)	22.52	11.26	11.2	15%
Vitamin C (mg)	14.48	7.24	9.2	12%
Thiamin (mg)	0.39	0.19	0.27	25%
Riboflavin (mg)	0.51	0.26	0.6	43%
Niacin (mg)	5.79	2.9	3.14	20%
Vitamin B6 (mg)	0.51	0.26	0.32	23%
Folic Acid (ug)	64.35	32.18	32	16%
Vitamin B12 (ug)	0	0	1.18	47%
Biotin (ug)	4.83	2.41	2.43	5%
Pantothenic Acid (mg)	0.97	0.48	0.48	8%
Potassium (mg/mmol)	0	0	324/ 8.31	16%
Chloride (mg)	0	0	0	0%
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	240/ 5.99	26%
Phosphorus (mg/mmol)	0	0	194/ 6.26	28%
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	44/ 1.81	12%
Iron (mg)	3.22	1.61	1.6	11%
Zinc (mg)	3.22	1.61	2.4	24%
Copper (mg)	0.39	0.19	0.19	19%
Manganese (mg)	0.32	0.16	0.16	8%
Selenium (ug)	16.09	8.04	108	196%
Chromium (ug)	8.04	4.02	4	10%
Iodine (ug)	0	0	40	27%
Molybdenum (ug)	22.52	11.26	11.20	22%
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), Medium Chain Triglycerides Oil (**Milk**), Emulgold (Acacia Fibre™), Dextrose, British Strawberry Juice Powder (Strawberry Concentrate, Maltodextrin, Gum Acacia), Natural Flavour, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Pantothenic Acid, Iron, Zinc, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural Colour (Beetroot Red), Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Strawberry Flavour 3 (Pip Code: 400-7647)

		Sachet	Reconstituted	
IDDSI 3	Per 100g	Per 50g	IDDSI 3	% EU NRV
Grams/ml	100	50	200ml	
Energy kj	1582.21	791.1	1333.1	
Energy kcal	382.41	191.2	321.2	
Protein	34.2	17.1	23.9	
Carbohydrate	42.46	21.23	30.83	
of which sugars	30.88	15.44	25.04	
Fat, <i>total</i> (g)	6.56	3.28	10.48	
Polyunsaturates (g)	0.0	0.0	0.0	
Monounsaturates (g)	0.0	0.0	0.0	
Saturates	5.65	2.82	7.54	
Fibre (g)	5.81	2.91	2.91	
Salt (g)	0.35	0.18	0.18	
Sodium (mg)	128/ 5.57	64/ 2.78	64.26/ 2.79	
Vitamin A (ug)	224.84	112.42	178	22%
Vitamin D (ug)	4.18	2.09	3.68	74%
Vitamin E (mg)	3.21	1.61	1.78	15%
Vitamin K (ug)	22.48	11.24	11.2	15%
Vitamin C (mg)	14.45	7.23	9.2	12%
Thiamin (mg)	0.39	0.19	0.27	25%
Riboflavin (mg)	0.51	0.26	0.6	43%
Niacin (mg)	5.78	2.89	3.14	20%
Vitamin B6 (mg)	0.51	0.26	0.32	23%
Folic Acid (ug)	64.24	32.12	32	16%
Vitamin B12 (ug)	0	0	1.18	47%
Biotin (ug)	4.82	2.41	2.43	5%
Pantothenic Acid (mg)	0.96	0.48	0.48	8%
Potassium (mg/mmol)	0	0	324/ 8.31	16%
Chloride (mg)	0	0	0	0%
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	240/ 5.99	26%
Phosphorus (mg/mmol)	0	0	194/ 6.26	28%
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	44/ 1.81	12%
Iron (mg)	3.21	1.61	1.6	11%
Zinc (mg)	3.21	1.61	2.4	24%
Copper (mg)	0.39	0.19	0.19	19%
Manganese (mg)	0.32	0.16	0.16	8%
Selenium (ug)	16.06	8.03	108	196%
Chromium (ug)	8.03	4.02	4	10%
Iodine (ug)	0	0	40	27%
Molybdenum (ug)	22.48	11.24	11.20	22%
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), Medium Chain Triglycerides Oil (**Milk**), Emulgold (Acacia Fibre™), Dextrose, British Strawberry Juice Powder (Strawberry Concentrate, Maltodextrin, Gum Acacia), Natural Flavour, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Pantothenic Acid, Iron, Zinc, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural Colour (Beetroot Red), Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Chocolate Flavour 1 (Pip Code: 416-0289)

		Sachet	Reconstituted	
IDDSI 1	Per 100g	Per 50g	IDDSI 1	% EU NRV
Grams/ml	100	50	300ml	
Energy kj	1565.93	782.96	1595.96	
Energy kcal	379.26	189.63	384.63	
Protein	36.61	18.3	28.5	
Carbohydrate	39.48	19.7	34.14	
of which sugars	30.62	15.3	29.71	
Fat, <i>total</i> (g)	5.86	2.9	13.73	
Polyunsaturates (g)	0.0	0.0	0.0	
Monounsaturates (g)	0.0	0.0	0.0	
Saturates	4.7	2.3	9.42	
Fibre (g)	7.4	3.7	3.68	
Salt (g)	0.35	0.18	0.18	
Sodium (mg/mmol)	136/5.91	68/ 2.96	68.39/ 2.97	
Vitamin A (ug)	269.24	135.25	232	29.00%
Vitamin D (ug)	5	2.51	4.87	97.40%
Vitamin E (mg)	3.85	1.93	2.17	18.08%
Vitamin K (ug)	26.92	13.53	13.3	17.73%
Vitamin C (mg)	17.31	8.69	11.55	14.44%
Thiamin (mg)	0.46	0.23	0.35	31.64%
Riboflavin (mg)	0.62	0.31	0.81	58.14%
Niacin (mg)	6.92	3.48	3.81	23.81%
Vitamin B6 (mg)	0.62	0.31	0.39	28.14%
Folic Acid (ug)	76.93	38.64	38	19.00%
Vitamin B12 (ug)	0	0	1.77	70.80%
Biotin (ug)	5.77	2.9	2.89	5.78%
Pantothenic Acid (mg)	1.15	0.58	0.57	9.50%
Potassium (mg/mmol)	0	0	486/12.46	24.30%
Chloride (mg)	0	0	0	0.00%
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	360/ 8.98	39.74%
Phosphorus (mg/mmol)	0	0	291/ 9.41	41.57%
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	58.5/ 2.41	15.60%
Iron (mg)	3.85	1.93	1.9	13.57%
Zinc (mg)	3.85	1.93	3.1	31.00%
Copper (mg)	0.46	0.23	0.23	22.80%
Manganese (mg)	0.38	0.19	0.19	9.50%
Selenium (ug)	19.23	9.66	159.5	290.00%
Chromium (ug)	9.62	4.83	4.75	11.88%
Iodine (ug)	0	0	60	40.00%
Molybdenum (ug)	26.92	13.53	13.3	26.60%
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), EmulGold™ (Acacia Fibre), Reduced Fat Cocoa Powder, Medium Chain Triglycerides Oil (**Milk**), Dextrose, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Iron, Zinc, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural flavour, Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Chocolate Flavour 2 (Pip Code: 400-7662)

IDDSI 2	Sachet		Reconstituted	
	Per 100g	Per 50g	IDDSI 2	% EU NRV
Grams/ml	100	50	200ml	
Energy kj	1568.33	784.17	1326.17	
Energy kcal	379.86	189.93	319.93	
Protein	36.61	18.3	25.1	
Carbohydrate	39.48	19.74	29.34	
of which sugars	30.62	15.31	24.91	
Fat, <i>total (g)</i>	5.86	2.93	10.13	
Polyunsaturates (g)	0.0	0.0	0.0	
Monounsaturates (g)	0.0	0.0	0.0	
Saturates	4.67	2.34	7.06	
Fibre (g)	7.63	3.82	3.82	
Salt (g)	0.36	0.18	0.18	
Sodium (mg/mmol)	136/5.91	68/ 2.96	68.26/ 2.97	
Vitamin A (ug)	223.95	111.98	178	22%
Vitamin D (ug)	4.16	2.08	3.68	74%
Vitamin E (mg)	3.2	1.6	1.78	15%
Vitamin K (ug)	22.4	11.2	11.2	15%
Vitamin C (mg)	14.4	7.2	9.2	12%
Thiamin (mg)	0.38	0.19	0.27	25%
Riboflavin (mg)	0.51	0.26	0.6	43%
Niacin (mg)	5.76	2.88	3.14	20%
Vitamin B6 (mg)	0.51	0.26	0.32	23%
Folic Acid (ug)	63.99	31.99	32	16%
Vitamin B12 (ug)	0	0	1.18	47%
Biotin (ug)	4.8	2.4	2.43	5%
Pantothenic Acid (mg)	0.96	0.48	0.48	8%
Potassium (mg/mmol)	0	0	324/ 8.31	16%
Chloride (mg)	0	0	0	0%
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	240/ 5.99	26%
Phosphorus (mg/mmol)	0	0	194/ 6.26	28%
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	44/ 1.81	12%
Iron (mg)	3.2	1.6	1.6	11%
Zinc (mg)	3.2	1.6	2.4	24%
Copper (mg)	0.38	0.19	0.19	19%
Manganese (mg)	0.32	0.16	0.16	8%
Selenium (ug)	16	8	108	196%
Chromium (ug)	8	4	4	10%
Iodine (ug)	0	0	40	27%
Molybdenum (ug)	22.4	11.2	11.2	22%
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), EmulGold™ (Acacia Fibre), Reduced Fat Cocoa Powder, Medium Chain Triglycerides Oil (**Milk**), Dextrose, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Iron, Zinc, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural flavour, Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Chocolate Flavour 3 (Pip Code: 400-7654)

		Sachet	Reconstituted	
IDDSI 3	Per 100g	Per 50g	IDDSI 3	% EU NRV
Grams/ml	100	50	200ml	
Energy kj	1568.33	784.17	1324.42	
Energy kcal	379.86	189.93	319.93	
Protein	36.61	18.3	25.1	
Carbohydrate	39.48	19.74	29.34	
of which sugars	30.62	15.31	24.91	
Fat, <i>total</i> (g)	5.86	2.93	10.13	
Polyunsaturates (g)	0.0	0.0	0.0	
Monounsaturates (g)	0.0	0.0	0.0	
Saturates	4.67	2.34	7.06	
Fibre (g)	7.63	3.82	3.82	
Salt (g)	0.36	0.18	0.18	
Sodium (mg)	136/5.91	68/ 2.96	68.26/ 2.97	
Vitamin A (ug)	223.95	111.98	178	22%
Vitamin D (ug)	4.16	2.08	3.68	74%
Vitamin E (mg)	3.2	1.6	1.78	15%
Vitamin K (ug)	22.4	11.2	11.2	15%
Vitamin C (mg)	14.4	7.2	9.2	12%
Thiamin (mg)	0.38	0.19	0.27	25%
Riboflavin (mg)	0.51	0.26	0.6	43%
Niacin (mg)	5.76	2.88	3.14	20%
Vitamin B6 (mg)	0.51	0.26	0.32	23%
Folic Acid (ug)	63.99	31.99	32	16%
Vitamin B12 (ug)	0	0	1.18	47%
Biotin (ug)	4.8	2.4	2.43	5%
Pantothenic Acid (mg)	0.96	0.48	0.48	8%
Potassium (mg/mmol)	0	0	324/ 8.31	16%
Chloride (mg)	0	0	0	0%
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	240/ 5.99	26%
Phosphorus (mg/mmol)	0	0	194/ 6.26	28%
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	44/ 1.81	12%
Iron (mg)	3.2	1.6	1.6	11%
Zinc (mg)	3.2	1.6	2.4	24%
Copper (mg)	0.38	0.19	0.19	19%
Manganese (mg)	0.32	0.16	0.16	8%
Selenium (ug)	16	8	108	196%
Chromium (ug)	8	4	4	10%
Iodine (ug)	0	0	40	27%
Molybdenum (ug)	22.4	11.2	11.2	22%
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), EmulGold™ (Acacia Fibre), Reduced Fat Cocoa Powder, Medium Chain Triglycerides Oil (**Milk**), Dextrose, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Iron, Zinc, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural flavour, Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Banana Flavour 1 (Pip Code: 417-6152)

IDDSI 1	Sachet		Reconstituted	
	Per 100g	Per 50g	IDDSI 1	% EU NRV
Grams/ml				
Grams/ml	100	50	200ml	
Energy kj	1579.72	789.86	1602.86	
Energy kcal	381.87	190.93	385.93	
Protein	34.2	17.1	27.3	
Carbohydrate	41.91	20.96	35.36	
of which sugars	31.84	15.92	30.32	
Fat, <i>total</i> (g)	6.56	3.28	14.08	
Polyunsaturates (g)	0.0	0.0	0.0	
Monounsaturates (g)	0.0	0.0	0.0	
Saturates	5.65	2.82	9.9	
Fibre (g)	6.0	3.0	3.0	
Salt (g)	0.36	0.18	0.18	
Sodium (mg)	128/ 5.57	64/ 2.78	64.39/ 2.8	
Vitamin A (ug)	270.15	135.08	232	29%
Vitamin D (ug)	5.02	2.51	4.87	97%
Vitamin E (mg)	3.86	1.93	2.17	18%
Vitamin K (ug)	27.02	13.51	13.3	18%
Vitamin C (mg)	17.37	8.68	11.55	14%
Thiamin (mg)	0.46	0.23	0.35	32%
Riboflavin (mg)	0.62	0.31	0.81	58%
Niacin (mg)	6.95	3.47	3.81	24%
Vitamin B6 (mg)	0.62	0.31	0.39	28%
Folic Acid (ug)	77.19	38.59	40	20%
Vitamin B12 (ug)	0	0	1.77	71%
Biotin (ug)	5.79	2.89	2.89	6%
Pantothenic Acid (mg)	1.16	0.58	0.57	10%
Potassium (mg/mmol)	0	0	486/ 12.46	24%
Chloride (mg)	0	0	0	0%
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	360/ 8.98	40%
Phosphorus (mg/mmol)	0	0	291/ 9.4	42%
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	58.5/ 2.41	16%
Iron (mg)	3.86	1.93	1.9	14%
Zinc (mg)	3.86	1.93	3.1	31%
Copper (mg)	0.46	0.23	0.23	23%
Manganese (mg)	0.39	0.19	0.19	10%
Selenium (ug)	19.3	9.65	159.5	290%
Chromium (ug)	9.65	4.82	4.75	12%
Iodine (ug)	0	0	60	40%
Molybdenum (ug)	27.02	13.51	13.30	0.27
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), Medium Chain Triglycerides Oil (**Milk**), EmulGold™ (Acacia Fibre), Dextrose, Banana Juice Powder (Maltodextrin, Gum Acacia), Natural Flavour, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Iron, Zinc, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural flavour, Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Natural Colour (Curcumin Extract), Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Banana Flavour 2 (Pip Code: 417-6145)

IDDSI 2

		Sachet	Reconstituted	
	Per 100g	Per 50g	IDDSI 2	% EU NRV
Grams/ml				
Grams/ml	100	50	200ml	
Energy kj	1582.12	791.06	1333.06	
Energy kcal	382.47	191.23	321.23	
Protein	34.2	17.1	23.9	
Carbohydrate	41.91	20.96	30.56	
of which sugars	31.84	15.92	25.52	
Fat, <i>total</i> (g)	6.56	3.28	10.48	
Polyunsaturates (g)	0.0	0.0	0.0	
Monounsaturates (g)	0.0	0.0	0.0	
Saturates	5.65	2.82	7.54	
Fibre (g)	6.28	3.14	3.14	
Salt (g)	0.37	0.18	0.18	
Sodium (mg)	128/ 5.57	64/ 2.78	64.26/ 2.79	
Vitamin A (ug)	224.86	112.43	179.75	22%
Vitamin D (ug)	4.18	2.09	3.71	74%
Vitamin E (mg)	3.21	1.61	1.81	15%
Vitamin K (ug)	22.49	11.24	11.38	15%
Vitamin C (mg)	14.46	7.23	9.31	12%
Thiamin (mg)	0.39	0.19	0.28	25%
Riboflavin (mg)	0.51	0.26	0.6	43%
Niacin (mg)	5.78	2.89	3.19	20%
Vitamin B6 (mg)	0.51	0.26	0.32	23%
Folic Acid (ug)	64.25	32.12	32.5	16%
Vitamin B12 (ug)	0	0	1.18	47%
Biotin (ug)	4.82	2.41	2.47	5%
Pantothenic Acid (mg)	0.96	0.48	0.49	8%
Potassium (mg/mmol)	0	0	324/ 8.31	16%
Chloride (mg)	0	0	0	0%
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	240/ 8.31	26%
Phosphorus (mg/mmol)	0	0	194/ 6.26	28%
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	44.38/ 1.83	12%
Iron (mg)	3.21	1.61	1.63	12%
Zinc (mg)	3.21	1.61	2.43	24%
Copper (mg)	0.39	0.19	0.2	20%
Manganese (mg)	0.32	0.16	0.16	8%
Selenium (ug)	16.06	8.03	108.13	197%
Chromium (ug)	8.03	4.02	4.06	10%
Iodine (ug)	0	0	40	27%
Molybdenum (ug)	22.49	11.24	11.38	23%
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), EmulGold™ (Acacia Fibre), Medium Chain Triglycerides Oil (**Milk**), Dextrose, Banana Juice Powder (Maltodextrin, Gum Acacia), Natural Flavour, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Iron, Zinc, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Natural Colour (Curcumin Extract), Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

! Important

Food for special medical purposes (Dysphagia).

For 3 years+.

Reconstitute with whole milk as per instructions above.

For oral consumption only.

Use under medical and dietetic supervision.

Store in a cool dry place out of children's reach.

Once opened use immediately.

Drink on the day made. Can be kept in the fridge all day. Always stir before drinking.

Do not use after Best Before date.

Not to be used as a sole source of nutrition.

Preparation

With a Shaker

Measure the specified volume of whole milk from the fridge for the IDDSI Level (300ml, 200ml or 100ml) and put into a shaker. Pour sachet contents in and close securely. Shake well for 15 seconds. Leave for 10 minutes. If the milk is cold leave a few more minutes. Pour into a glass and drink within 3 hours. If kept in the fridge drink the same day and stir before drinking.

With mug or glass and spoon or fork

Pour sachet contents to a mug or glass. Measure the specified volume of whole milk from the fridge for the IDDSI Level (300ml, 200ml or 100ml). Slowly pour the milk into the glass whilst stirring and keep stirring for 30 seconds. Leave for 10 minutes. If the milk is cold leave a few more minutes. Stir once more and drink within 3 hours. If kept in the fridge drink the same day and stir before drinking.

Ordering Samples

You can order samples to go direct to your patients.

Simply go to www.slodrinks.com. At the top of the page click the HCP Button to enter the Clinicians Library. There you will see a Sample button. Click that to open an encrypted on line form and enter your patients details. You can order as many as you need and the Library contains lots of other useful information to read, listen too and download.

Ordering on Prescription

Slō Milkshakes+ are listed in the online BNF and all GP's patient electronic systems and can be found using the PIP codes below

All cost £1.99 per sachet. £ 13.93 per pack of 7.

IDDSI	Strawberry	Chocolate	Banana
1	416-0271	416-0289	417-6152
2	400-7639	400-7662	417-6145
3	400-7647	400-7654	

Slō Milkshakes+ are available to every Pharmacy in the UK via our sole stockist, Alliance Healthcare Boots using the PIP codes above.

If a Pharmacy has an "Agency Only" agreement with Alliance they will have to order via another Wholesaler who will order from Alliance on their behalf for no extra cost.

If a Pharmacy does have an issue obtaining them we are happy to help. Just call us on 03452 222 205 or email their details to support@slodrinks.com and we will speak to them for you.

Slō Drinks available to make

Hydration:	Slō Cold Drinks, Slō Fizzy, Slō Hot Drinks
Medication:	Slō Pill Eze, Slō Solulax
Nutrition:	Slō Milkshakes+, Slō Juice+ (2023/4)
Recreation:	Slō Wine, Slō Beer, Slō Cider

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