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Prescription Recommendation for Slō Drinks

Patients with dysphagia need thickened drinks that flow slo. This patient has dysphagia and will benefit from having Slō Drinks.

Slō Milkshakes+ ONS will boost their nutritional intake providing a minimum of 23g of Protein, a maximum of 399 calories and a mix of 25 essential vitamins & minerals. Slō Syrup – a concentrated liquid thickener for drinks - will help maintain their hydration levels safely.

Below I've identified how many Slō Milkshakes+ our patient needs for a 28 day cycle, the IDDSI Level and flavours with a **Y**. Overleaf I've identified which Slō Syrup bottles they need and how many with a **Y**.

Please write them a prescription based on these recommendations. Thank you.

Patient Name:

DOB:

Requested by:

Date:

Slō Milkshakes+ (£ 2.19 per 50g sachet. £ 15.33 pouch of 7)

No. of Milkshakes to prescribe for 28 days

56

28

IDDSI Level	Strawberry	Y	Chocolate	Y	Banana	Y
1	4160271	<input type="checkbox"/>	4160289	<input type="checkbox"/>	4176152	<input type="checkbox"/>
2	4007639	<input type="checkbox"/>	4007662	<input type="checkbox"/>	4176145	<input type="checkbox"/>
3	4007647	<input type="checkbox"/>	4007654	<input type="checkbox"/>		

Printed by Slō: Drinks for Dysphagia



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Slõ Syrup (£24.99 per 1 Ltr. bottle)

Cold and hot bottles required identified with a Y.

COLD Drinks Bottle

1000

	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
IDDSI Level	1	1	2	2	3	3
Target daily fluid intake (Male/ Female) (ml)	M 2000	F 1600	M 2000	F 1600	M 2000	F 1600
Volume of Syrup required per drink (ml)	5	5	10	10	15	15
No. of drinks per bottle	200	200	100	100	100	100
Drink volume (ml)	200	200	200	200	200	200
No. of drinks required for target volume	10	8	10	8	10	8
Total volume of Syrup required (ml)	50	40	100	80	150	120
No of days per bottle	20	25	10	13	7	8
No. of bottles to prescribe for 28 days	2	2	3	3	4	4

PIP Code: 425-9891

HOT Drinks Bottle

1000

	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
IDDSI Level	1	1	2	2	3	3
Target daily fluid intake (Male/ Female) (ml)	M 2000	F 1600	M 2000	F 1600	M 2000	F 1600
Volume of Syrup required per drink (ml)	5	5	10	10	15	15
No. of drinks per bottle	200	200	100	100	66	66
Drink volume (ml)	150	150	150	150	150	150
No. of drinks required for target volume	13	8	13	8	13	8
Total volume of Syrup required (ml)*	67	40	133	80	200	120
No. of days per bottle	15	25	7	13	5	8
No. of bottles to prescribe for 28 days	2	2	4	3	6	4

PIP Code: 425-4493

* Figures rounded up.

Slō Drinks Vs...

...Pre-thickened ready to drink ONS

Slō Milkshakes+ ONS provide the highest levels of protein per ml for less. A minimum of 23g of protein and a maximum of 399 calories, they all provide a mix of 25 essential vitamins and minerals; whilst saving £ 45+ per monthly prescription over the Nutilis and Fresubin pre-thickened alternatives.

They are the only powdered pre-thickened ONS to feature the IDDSI labelling, be presented in recyclable film and flavoured with natural ingredients.

They are not compared against ONS prescribed to patients with a normal swallow, because despite the manufacturers claims, they are not guaranteed to reach the IDDSI Levels or maintain them.

Attempts to thicken non IDDSI labelled ONS with gum and starch thickeners will not work. The high fat content of the milk in them stops the thickener working. It will not bond to the milk fats contained in them.

In both cases your patients will not receive ONS at the safe and prescribed IDDSI Level putting them at risk of induced aspiration pneumonia, malnutrition and re-admission.

...Thickener in tins

Slō Syrup is a liquid thickener created to produce drinks that match the IDDSI levels your patients need and the taste they crave.

Presented in a bottle with a pump, this dispenses the correct dose of thickener to thicken a drink to IDDSI Level, 1, 2 or 3.

The bottle keeps Slō Syrup fresh. It doesn't degrade as old fashioned powdered thickeners do. The pump ensures the correct amount of thickener is always dispensed; allowing novice users to always prepare drinks with the confidence of a clinician that matches the flow rate prescribed a safer for them.

Slō Syrup has the colour and texture of set honey. Once added to a drink it mixes easily and does not dull its colour. It looks as clear and bright as ordinary drinks and taste like them. Slō Syrup is flavourless.

Slō Syrup appears to cost more to buy, but to use –it is the most cost effective way to safely hydrate dysphagia patients.