

# Slō® Drinks

## Information for users

Slō Drinks are the instant drinks formulated to flow slowly so help reduce the risks of those with dysphagia suffering a painful and embarrassing coughing fit.

Please read this entire leaflet carefully before using your Slō Drinks. If you have any questions ask your GP, Clinician or Pharmacist.

These drinks are prescribed to you. Do not pass them to others, even if their symptoms are the same as yours.

### Before using Slō Drinks

Check the consistency supplied meets your prescription and you are not allergic to any of the ingredients. If you are in any doubt consult your Doctor, Clinician or Pharmacist.

### How to use Slō Drinks

Slō Drinks are easy to prepare following the instructions overleaf. Put them where you can clearly see them e.g. stick them on a kitchen cabinet or the wall.

**For more help you can call us on 03452 222 205 or email [support@slodrinks.com](mailto:support@slodrinks.com)**

## ! Remember

**Keep you Slō Drinks upright in a cool, dry environment such as a kitchen cupboard, out of the reach and sight of children under 3.**

**If a sleeve of drinks becomes wet or damp, bin it and open a new one.**

**Once opened drinks will stay fresh for 90 days when you keep the stopper on the top drink.**

**Do not use after the Best Before date on the label.**

Slō Drinks® Ltd, 1 Rossington Park, Graphite Way, Glossop, Derbyshire SK13 1QG  
Slō® Drinks is the registered trade mark of the Slō Drinks® Company.

**For more Slō Drinks visit [www.slodrinks.com](http://www.slodrinks.com)**

Stage	Energy Kcal		Protein (g)	Carbohydrate (g)	of which sugars	Fat (g)	of which saturates	Fibre (g)	Sodium (mg)
<b>Slō Orange</b>									
Per 100g	373	1575	0	90	43	0	0	0	125
1	42	178	0	10	6	0	0	0	15
2	48	203	0	11	6	0	0	0	16

**Ingredients:** Modified maize starch, sugar, dextrose, citric acid (E330), acidity regulator (E331), flavouring, stabilizer (E466), artificial sweetener (E594), colouring (E171, E110, E124), anti-caking agent (E551)

### Slō Blackcurrant

Per 100g	373	1580	0	90	43	0	0	0	125
1	42	179	0	10	6	0	0	0	15
2	48	203	0	11	6	0	0	0	16

**Ingredients:** Modified maize starch, sugar, dextrose, citric acid (E330), acidity regulator (E331), antioxidant (E300), flavouring, colouring (E150c, E122), stabilizer (E466), artificial sweetener (E954), anti-caking agent (E551)

### Slō Lemon

Per 100g	377	1593	0	91	44	0	0	0	53
1	43	181	0	10	6	0	0	0	5
2	49	205	0	12	6	0	0	0	6

**Ingredients:** Modified maize starch, sugar, dextrose, citric acid (E330), flavouring, stabilizer (E466), artificial sweetener (E954), colouring (E171, E100), anti-caking agent (E551)

### Slō White Coffee

Per 100g	178	1455	6	69	18	13	13	0	52
1	24	146	0	7	1	1	1	0	6
2	30	171	0	9	1	1	1	0	8

**Ingredients:** Modified maize starch, Nescafé Gold Blend: soluble solids of pure coffee in granular form, glucose syrup, refined hardened coconut oil, silicone dioxide (E551), mono and diglycerides of fatty acids (E471), dipotassium phosphate (E340ii), **lactose**, **caseinate**, sodium polyphosphate (E452i) beta carotene (E160a), **milk protein**.

### Slō Hot Chocolate

Per 100g	381	1613	4	83	32	3	3	2	250
1	54	231	1	11	6	1	0	0	43
2	30	255	1	13	6	1	0	0	44

**Ingredients:** Modified maize starch, Cadbury's Drinking Chocolate: sugar, whey powder, dried glucose syrup, fat reduced cocoa powder (13%), hydrogenated vegetable fat, maltodextrin, **milk protein**, salt, anti-caking agent (E341), stabilizer (E340), emulsifier (E471), sweetening agent, saccharin, flavor, **milk and products made from milk including lactose**.

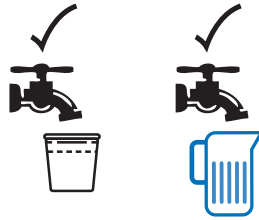
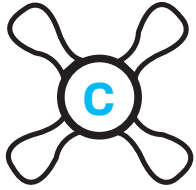
### Allergy Advice

See ingredients in **bold**. **Cold Drinks:** May also contain traces of fish, soybeans, soya derivatives, milk and products of – inc. lactose; celery, mustard, sesame seeds, sulphur dioxide, cereals containing gluten or their hybridised strains. **Hot Drinks:** May also contain traces of glucose syrup from wheat and maize, cereals containing gluten or their hybridised strains, soybeans and soya derivatives.

## Cold Preparation Instructions



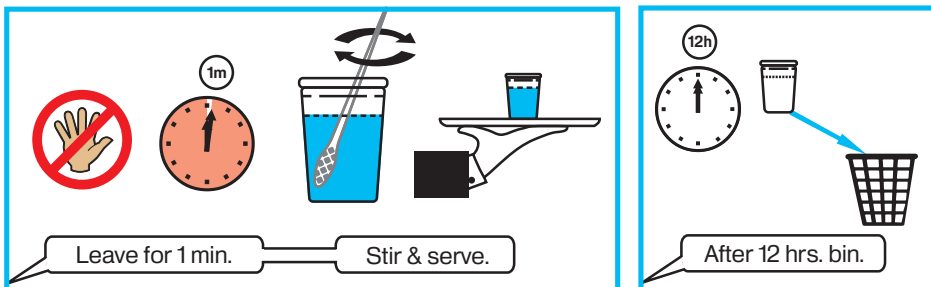
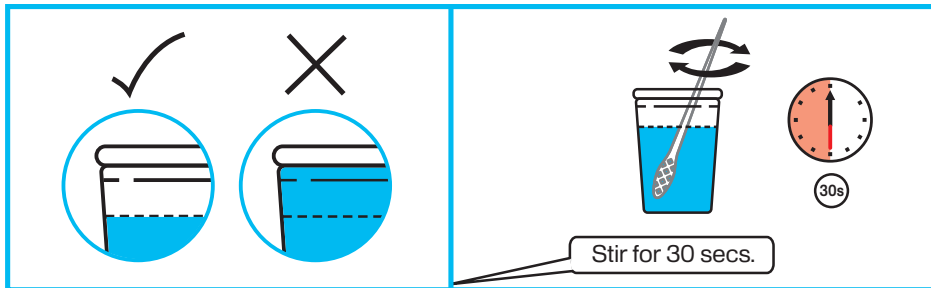
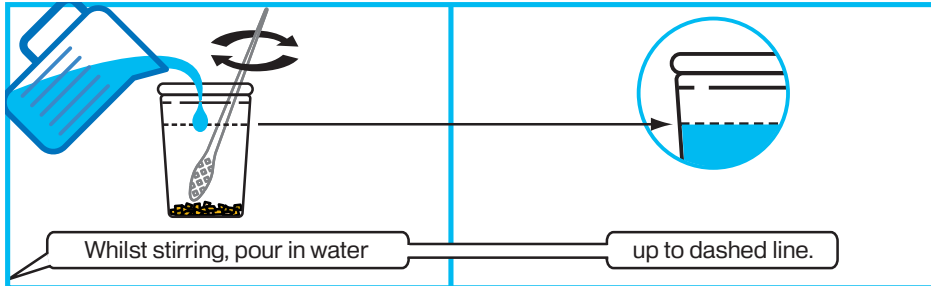
Use under medical supervision. For hydration only – not to be used as a sole source of nutrition. Consume orally. Not for under 3's.



Use tap or jug.



Mix for 2 secs.

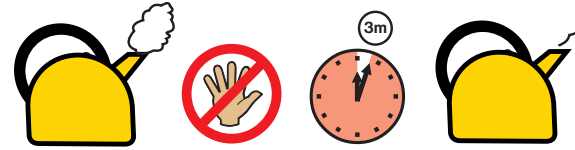


[www.slodinks.com/prepinstructions.asp](http://www.slodinks.com/prepinstructions.asp)

## Hot Preparation Instructions



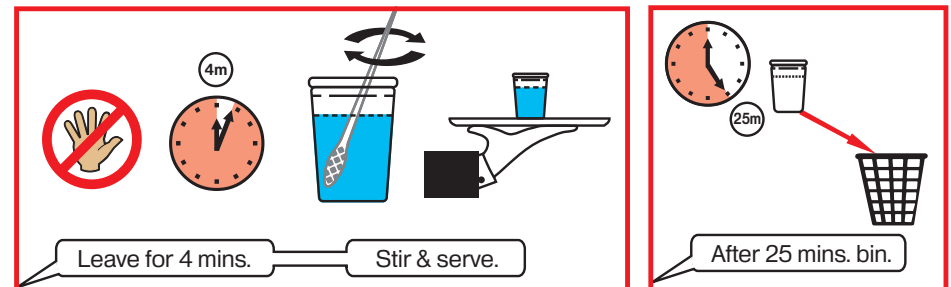
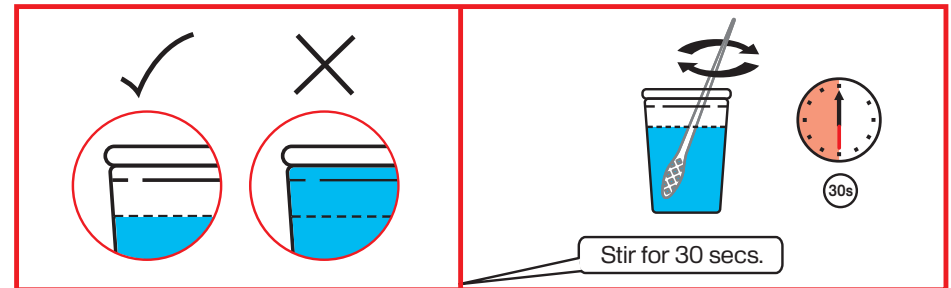
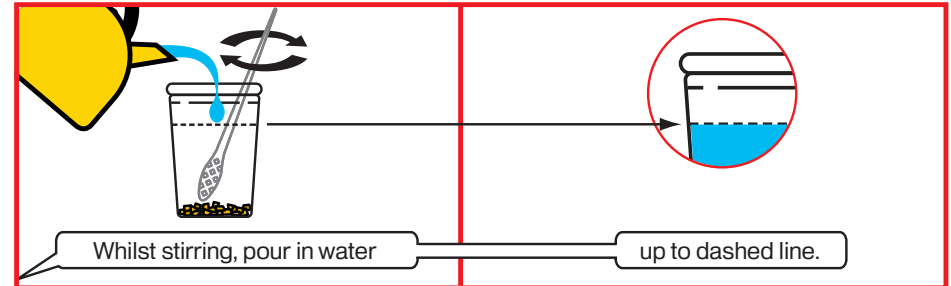
Use under medical supervision. For hydration only – not to be used as a sole source of nutrition. Consume orally. Not for under 3's.



Boil kettle and leave for 3 mins.



Mix for 2 secs.



[www.slodinks.com/prepinstructions.asp](http://www.slodinks.com/prepinstructions.asp)