

Slõ Milkshakes+

Stress free nutritional drinks for those with dysphagia

Those with dysphagia must have just the right amount of thickener in their drinks, but constantly worry if the right amount has been added.

A drinks' temperature its sugar, fat and acid levels decide if a thickener works or not and therefore how much you add. In supplements it's the fats that prevent maize and gum thickeners working effectively.

Consequently, seeing thickener scooped from a tin they can only hope their thickened drink won't cause a painful and embarrassing coughing fit.

Slõ Milkshakes+ stop all this stress.

The 1st pre-thickened powdered high protein milkshake, they they contain a thickener specifically formulated to work with whole milk.

We calculated the exact amount needed to make our Slõ Milkshakes+ to an ideal syrup or custard consistency and put that into a sachet.

Simply mix the sachet contents with 200ml of whole milk to make a Slõ Milkshake +.

It will be safe to swallow, look like an ordinary milkshake and taste like one so 320+ Calories, 20g+ of Protein, + a mix of 25 essential vitamins can be drunk without worry.



Nutrition

Strawberry Flavour

Chocolate Flavour

	Per 100g	Per 50g	Full Fat Milk	Finished Drink	Per 100g	Per 50g	Full Fat Milk	Finished Drink
			100ml	200ml			100ml	200ml
Grams/ml	100	50	100ml	200ml	100	50	100ml	200ml
Energy kj	1649.0	824.5	282.0	1388.5	1602.0	801.0	282.0	1365.0
Energy kcal	395.0	197.5	68.0	333.5	383.0	191.5	68.0	327.5
Protein	34.7	17.4	3.4	24.2	34.0	17.0	3.4	23.8
Carbohydrate	50.9	25.5	4.7	34.9	49.2	24.6	4.7	34.0
of which sugars	47.1	23.6	4.7	33.0	45.1	22.6	4.7	32.0
Fat, <i>total</i> (g)	5.1	2.6	4.0	10.6	4.5	2.3	4.0	10.3
Polyunsaturates (g)	0.0	0.0	0.1	0.2	0.0	0.0	0.1	0.2
Monounsaturates (g)	0.0	0.0	1.0	2.0	0.0	0.0	1.0	2.0
Trans fatty acids (g)	0.0	0.0	0.1	0.2	0.0	0.0	0.1	0.2
Saturates	1.8	0.9	2.6	6.1	2.4	1.2	2.6	6.4
Fibre (g)	0.5	0.3	0.0	0.3	0.6	1.1	0.0	1.1
Thiamin (mg)	0.6	0.3	0.0	0.4	0.6	0.4	0.0	0.5
Riboflavin (mg)	0.9	0.4	0.2	0.9	0.9	0.4	0.2	0.9
Niacin (mg)	9.8	4.9	0.2	5.3	9.8	4.9	0.2	5.3
from Tryptophan (mg)	0.0	0.0	0.6	1.2	0.0	0.0	0.6	1.2
Vitamin B6 (mg)	0.8	0.4	0.1	0.5	0.8	0.4	0.1	0.5
Vitamin B12 (µg)	0.8	0.4	0.9	2.2	0.8	0.4	0.9	2.2
Pantothenate (mg)	1.6	0.8	0.6	2.0	1.6	0.8	0.6	2.0
Biotin (µg)	8.2	4.1	2.6	9.3	8.2	4.1	2.6	9.3
Folate (µg)	0.0	0.0	8.0	16.0	0.0	0.0	8.0	16.0
Retinol (µg)	0.0	0.0	31.0	62.0	0.0	0.0	31.0	62.0
Carotene (µg)	0.0	0.0	20.0	40.0	0.0	0.0	20.0	40.0
Vitamin A (µg)	382.0	191.0	0.0	191.0	382.0	191.0	0.0	191.0
Vitamin C (mg)	24.5	12.3	2.0	16.3	24.5	12.3	2.0	16.3
Vitamin K (µg)	15.6	7.8	0.0	7.8	15.6	7.8	0.0	7.8
Vitamin D (µg)	2.7	1.4	0.0	1.4	2.7	1.4	0.0	1.4
Vitamin E (mg)	5.5	2.8	0.1	2.9	5.5	2.8	0.1	2.9
Magnesium (mg/mmol)	147.0/ 6.0	73.5/ 3.0	11.0/ 0.5	95.5/ 3.9	147.0/ 6.0	73.5/ 3.0	11.0/ 0.5	95.5/ 3.9
Calcium (mg/mmol)	727.0/ 18.2	363.5/ 9.1	122.0/ 3.1	607.5/ 15.2	727.0/ 18.2	363.5/ 9.1	122.0/ 3.1	607.5/ 15.2
Sodium (mg/mmol)	0.4/ 0.0	0.2/ 0.0	44.0/ 1.9	88.2/ 3.8	0.4/ 0.0	0.2/ 0.0	44.0/ 1.9	88.2/ 3.8
Potassium (mg/mmol)	909.0/ 23.3	454.5/ 11.7	160.0/ 4.1	774.5/ 19.9	909.0/ 23.3	454.5/ 11.7	160.0/ 4.1	774.5/ 19.9
Phosphorus (mg/mmol)	655.0/ 21.2	327.5/ 10.6	96.0/ 3.1	519.5/ 16.8	655.0/ 21.2	327.5/ 10.6	96.0/ 3.1	519.5/ 16.8
Chloride (mg)	0.0	0.0	92.0	184.0	0.0	0.0	92.0	184.0
Iron (mg)	8.7	4.4	0.0	4.4	8.7	4.4	0.0	4.4
Copper (mg)	0.6	0.3	0.0	0.3	0.6	0.3	0.0	0.3
Zinc (mg)	5.6	2.8	0.4	3.6	5.6	2.8	0.4	3.6

Chloride (mg)	0.0	0.0	92.0	184.0	0.0	0.0	92.0	184.0
Manganese (mg)	0.6	0.3	0.0	0.3	0.6	0.3	0.0	0.3
Selenium (µg)	30.0	15.0	1.0	17.0	30.0	15.0	1.0	17.0
Iodine (µg)	71.0	35.5	32.0	99.5	71.0	35.5	32.0	99.5
Folic Acid (µg)	109.0	54.5	0.0	54.5	109.0	54.5	0.0	54.5
Chromium (µg)	17.6	8.8	0.0	8.8	17.6	8.8	0.0	8.8
Molybdenum (µg)	22.0	11.0	0.0	11.0	22.0	11.0	0.0	11.0

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Thickener, Skim **Milk** Powder, Fructose, Calcium Caseinate (**Milk**), Whey Protein Concentrate (**Milk, Soya**), Vegetable Oils (**Milk**) (Sunflower Oil, Refined Palm Oil), **Soya** Protein Isolate, Glucose Syrup Solids (**Wheat Gluten**), Minerals (Dairy Calcium (**Milk**)), Magnesium Oxide, Ferric Pyrophosphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite, Vitamins (A, Thiamin, Riboflavin, B6, B12, C, D, E, K, Folate, Niacin, Pantothenic Acid, Biotin) Inulin, Thickener (E412), Strawberry Flavour (0.5%), Colour (E162), Green Tea Extract, Emulsifiers (Lecithin, E471, E472c) Anti Caking Agent (E551), Maize.

Thickener, Skim **Milk** Powder, Fructose, Calcium Caseinate (**Milk**), Whey Protein Concentrate (**Milk, Soya**), Vegetable Oils (Milk) (Sunflower Oil, Refined Palm Oil), Cocoa Powder (5%), **Soya** Protein Isolate, Glucose Syrup Solids (**Wheat Gluten**), Minerals (Dairy Calcium (**Milk**)), Magnesium Oxide, Ferric Pyrophosphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite, Vitamins (A, Thiamin, Riboflavin, B6, B12, C, D, E, K, Folate, Niacin, Pantothenic Acid, Biotin) Inulin, Thickener (E412), Chocolate Flavour (0.3%), Green Tea Extract, Emulsifiers (Lecithin, E471, E472c) Anti Caking Agent (E551), Maize.

Preparation

With a Shaker

Measure 200ml of whole milk from the fridge and put into a shaker. Pour sachet contents in and close securely. Shake well for 15 seconds. Leave for 10 minutes. If the milk is cold leave a few more minutes. Shake once more, pour into a glass and drink within 3 hours. If kept in the fridge drink within 24 hours and stir before drinking.

With mug or glass and spoon or fork

Pour sachet contents to a mug or glass. Measure 200ml of whole milk from the fridge. Slowly pour the milk into the glass whilst stirring and keep stirring for 30 seconds. Leave for 10 minutes. If the milk is cold leave a few more minutes. Stir once more and drink within 3 hours. If kept in the fridge drink within 24 hours and stir before drinking.

! Important

Food for special medical purposes (Dysphagia). Only use under medical and dietetic supervision.

For 3 years+

For oral consumption only

Store in a cool dry place, out of childrens reach

Costs and order codes (7 sachets per box of one flavour; one consistency)

Stage 1	SLOCHOC 1	£ 0.84 each	£5.88	SLOSTRAW 1	£ 0.84 each	£5.88
Stage 2	SLOCHOC 2	£ 0.84 each	£5.88	SLOSTRAW 2	£ 0.84 each	£5.88
Delivery	1 - 2 boxes of Slō Milkshakes+ £ 3.50. Every extra box 75p.					

Ordering and Payment

Order	By Phone: 03452 222 205 By Email: sales@slodrink.com * All orders must have an official order number.
Payment	BACS: Account Name: Slō Drinks Ltd Sort Code: 30-98-12 Account No.: 01184758 Cheque: Make Payable to Slō Drinks Ltd

Slō Drinks Available

Assessment	Slō Barium
Hydration	Slō Juice, Slō Fizzy, Slō Tea, Slō Coffee, Slō Chocolate
Medication	Slō Solulax (For Soluble laxatives), Slō Water Cup (For tablets), Slō Cold & Flu (For HOT - cold & flu remedies)
Nutrition	Slō Milk, Slō Milkshakes+
Recreation	Slō Wine, Slō Beer, Slō Cider, Slō Spirits

Slō Drinks Ltd, 1 Rossington Place, Graphite Way, Glossop, Derbyshire SK13 1QG (UK)